

Graduate Programs in Palliative Care

Faculty of Medicine, Dentistry and Health Sciences



"Thank you for this professional, enlightening and life changing course!" Registered Nurse

"Thank you it's been a great subject, probably the best presented and administered university subject I have attended!" Doctor

"The course was enlightening and empowering both personally and professionally. Thank you for the safe and respectful environment in which to learn and grow." Allied Health Practitioner

University accredited postgraduate and short course training programs for all health professionals.

The University of Melbourne is ranked number 1 in Australia and number 32 in the world (Times Higher Education World University Rankings 2017-2018 figures available).



**ST VINCENT'S
HOSPITAL**
MELBOURNE

A FACILITY OF ST VINCENT'S HEALTH AUSTRALIA



**Centre for
Palliative Care**
Informing Choice. Enabling Care.

Specialist & Graduate Certificates in Palliative Care

"Palliative care is an approach that improves quality of life of patients and their families facing the problem of life threatening illness, through the prevention and relief of suffering by means of early identification and impeccable assessment and treatment of pain and other problems, physical, psychosocial and spiritual."

World Health Organisation

Purpose of Courses

The course delivery for both certificates is multi-modal and includes on-line learning, face to face teaching, experiential learning and case discussion.

For most subjects students are assigned a clinical mentor who is an experienced palliative care clinician.

The **Specialist Certificate in Palliative Care** is an ideal introduction to palliative and end of life care for all health professionals. This includes doctors, nurses, social workers, physiotherapists, psychologists, occupational therapists, pastoral care workers, music and art therapists, working in any setting including inpatient, community and outpatient services. It provides a broad overview of the core concepts and practices of palliative care including practice standards, symptom management, non-cancer contexts, bereavement care, psychosocial issues, support for carers and effective communication skills.

Students are required to complete **two** 12.5 credit point subjects within a **12 month period**.

The **Graduate Certificate in Palliative Care** builds on the learning in the Specialist Certificate and provides students with advanced knowledge and skills. It is targeted at health professionals working in specialist palliative care services or who are responsible for providing palliative care in the course of their work.

Students are required to complete **four** 12.5 credit point subjects within a **2 year period**.



EVIDENCE-BASED PALLIATIVE CARE – Online module Compulsory for both the Specialist and Graduate Certificates in Palliative Care

Incorporating: basics of literature searching, quantitative and qualitative research, evaluation, quality activities, implementing research into practice and dissemination strategies (e.g. presentations, publications).

All students must complete the online module with the first subject in which they enrol.

FUNDAMENTALS OF PALLIATIVE CARE Core Subject for Specialist and Graduate Certificates in Palliative Care (12.5 point subject)

Palliative Care: The Essentials - 7 & 8 February 2019

Therapeutic Communication Skills in Palliative Care - 18 & 19 March 2019

Please note attendance at the communications workshops is compulsory for all students

CONTEMPORARY APPROACHES TO BEREAVEMENT Elective (12.5 point subject)

Historical and Theoretical Perspectives on Bereavement - 21 February 2019

Developmental Perspectives - 22 February 2019

Clinical Interventions - 16 May 2019

Self-Care and Ethical Issues in Bereavement Care - 17 May 2019

ADULT PALLIATIVE CARE Elective (12.5 point subject)

Pain Assessment & Management in Palliative Care - 18 July 2019

Symptom Management in Adult Palliative Care - 19 July 2019

Palliative Care in a Non-Malignant Context - 2 September 2019

Family Centred Palliative Care and Cultural Issues - 3 September 2019

ETHICS IN CLINICAL PRACTICE Elective (12.5 point subject)

Clinical Ethics - the Basics - 8 August 2019

"Doing" Ethics - 9 August 2019

Communicating Ethically - 12 August 2019

Incorporating Ethics into your Daily Practice - 13 August 2019

PSYCHOSOCIAL ASPECTS OF PALLIATIVE CARE Elective (12.5 point subject)

Identification and Assessment of Distress - 15 August 2019

Management of Distress - 16 August 2019

Management of Imminent Death and Complex Cases - 19 August 2019

Special and At Risk Populations. Working with Other Professionals. - 20 August 2018



Entry Requirements

An undergraduate degree or equivalent qualification in medicine, nursing or allied health which is recognised by The University of Melbourne. In addition, documented evidence of at least one year's full-time relevant professional work experience in a medical, nursing or allied health environment.

Ideally students will be working in an environment where they have some exposure to patients with palliative care needs.

Venue

Graduate House
The University of Melbourne
220 Leicester St
Carlton, VIC 3053

Fees

Specialist Certificate in Palliative Care - **\$6,020***

Graduate Certificate in Palliative Care - **\$12,040***

**2019 fees may change and are subject to the final University approval*

The fees include all course materials, catered lunch, morning and afternoon teas. Fees are subject to annual increase.

Financial Support

FEE-HELP is available for this course of study. Fee help is a government loan scheme available to eligible fee paying students to help pay all or part of their tuition fees.

For further information please visit www.studyassist.gov.au

Registration

Closing date for applications is **Friday 18 January 2019.**

Academic Prize

The Order of Malta Award is an annual prize (\$1,000) awarded to the student who achieves the overall highest academic grade for the year, in the Specialist Certificate in Palliative Care.

Academic Team

The faculty includes:

Professor Peter Hudson

Director Centre for Palliative Care, Professor (Hon), University of Melbourne (Australia) and Professor (Hon), Vrije University Brussels (Belgium)

Associate Professor Mark Boughey

Co-Deputy Director
Centre for Palliative Care and Director Palliative Medicine St. Vincent's (Melbourne)

Karen Quinn

Coordinator Education & Program
Coordinator for Victorian Palliative Care
Nurse Practitioner Collaborative
Centre for Palliative Care

Mr Christopher Hall

Director
Australian Centre for Grief and Bereavement

Dr Justin Dwyer,

Director Psychosocial Cancer Care, St Vincent's (Melbourne)

Dr Danielle Ko

Palliative Medicine Specialist and Clinical Ethics Lead Austin Health

Experts from other institutions and services are also involved in the delivery of our programs.

Short Course Options

In 2019, a number of the modules from the Specialist and Graduate Certificates in Palliative Care will be offered as individual professional development short courses.

This will be particularly inviting to generalist health care professionals and/or those working in Specialist Palliative Care who want to update their skills but may not want to complete an award course. Certificates of Continuing Professional Development hours will be provided.

For more information on Short Course Options please visit <https://commercial.unimelb.edu.au/custom-education/courses/palliativecare>

Short Course Fees

Short Course Options - **\$450 + GST per day**

The fee includes course materials, catered lunch and morning & afternoon tea.

Places on short courses are limited. Fees are subject to annual increase.



About the University of Melbourne

Located in the centre of Australia's most multicultural city and within the Parkville Research Precinct, the University of Melbourne is consistently Australia's top performing university in world rankings. The University of Melbourne is the largest research university in Australia. Its academic community is at the forefront of international scholarship in fields as diverse as human rights law, medical biology, and information and communications technology.

About the Centre for Palliative Care

The Centre for Palliative Care is part of St. Vincent's Hospital and is a Collaborative Centre of The University of Melbourne, Australia. The Centre has a state-wide role in palliative care education and research in Victoria, with networks and collaborative projects extending nationally and internationally. The Centre plays a pivotal role in the development and implementation of training and education programs for health professionals from a variety of disciplines, while undertaking cutting-edge research to set benchmarks and improve practices in palliative care.

About Melbourne School of Professional and Continuing Education (MSPACE)

The Melbourne School of Professional and Continuing Education (MSPACE) provides lifelong learning opportunities through a diverse and comprehensive range of high-quality professional, continuing and executive education learning activities and events. We deliver innovative, flexible education solutions that achieve meaningful real-world outcomes for both individuals and organisations.

We cater to individuals seeking to develop personally and professionally across all the discipline areas of the University of Melbourne. We also address the broader learning needs of organisations, working together with industry, government agencies, professional associations, community and corporate clients through tailored learning solutions.

More Information

For further information, general enquiries and applications contact:

Program Coordinator
University of Melbourne
T: +61 3 9035 8843
E: tl-palliativecare@unimelb.edu.au

For further information please go to our website:

<https://commercial.unimelb.edu.au/custom-education/courses/palliativecare>

For enquiries regarding course content, contact:

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DISCLAIMER

The information in this brochure was correct at the time of printing. The University reserves the right to make changes as appropriate. Changes may be made to such things as course content and presenters. Students will be advised of changes as soon as practicable.

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THE UNIVERSITY OF
MELBOURNE