



THE UNIVERSITY OF  
MELBOURNE

2019

# Multidisciplinary Palliative Care Short Courses



*"Thank you for allowing participants who are not undertaking the complete course. Makes review and knowledge extension more practical."*

**Registered Nurse**

*"Another fantastic day of learning."*

**Allied Health**

The Centre for Palliative Care at St Vincent's Hospital, in partnership with The University of Melbourne, has developed a range of short courses that focus on preparing all health professionals for the core aspects of palliative care provision.

The multidisciplinary short courses cover a variety of topics, and health professionals are welcome to register for one or more of the courses. All our courses are evidence based and delivered by a broad range of presenters, who are specialists in their field.



ST VINCENT'S  
HOSPITAL  
MELBOURNE

A FACILITY OF ST VINCENT'S HEALTH AUSTRALIA



Centre for  
Palliative Care  
Following Christ. Healing Lives.

# Multidisciplinary Palliative Care Short Courses

## Palliative Care: The Essentials

7 & 8 February 2019

'Palliative Care: The Essentials' is a two day course that is an ideal introduction and orientation to palliative care for all health professionals. The course has been comprehensively evaluated and the benefits for participants have been published in a peer review journal.

## Historical, Theoretical and Developmental Perspectives on Bereavement

21 & 22 February 2019

Incorporating the examination of a range of theoretical and evidence-based approaches to bereavement. Drawing on contemporary theory and evidence-based practice the subject will consider the bereavement needs of special populations.

## Pain Assessment and Management in Palliative Care

18 July 2019

Incorporating contemporary approaches to assessing and managing pain.

## Symptom Management in Adult Palliative Care

19 July 2019

Incorporating symptom assessment and management, and related technical skills.

## Clinical Ethics - the Basics

8 August 2019

Introduction to ethical theories, principles and frameworks, and examination of the complex interplay between personal and professional values in everyday clinical practice and the concept of moral distress.

## "Doing" Ethics

9 August 2019

Introduction to moral deliberation approaches and strategies for analysing ethically challenging cases, with opportunities to apply these skills to issues/cases commonly encountered in end of life care.

## Communicating Ethically

12 August 2019

Discussion and reflection on the ethics of communication in contexts commonly encountered in end of life care such as withdrawing and withholding life sustaining treatment.

## Incorporating Ethics into your Daily Practice

13 August 2019

Discussion of how to incorporate ethics into one's daily work and decision making. The important topic of voluntary assisted dying will also be examined.

## Identification, Assessment and Management of Distress

15 & 16 August 2019

Incorporating and distinguishing different forms of distress and provide strategies for the bio psychosocial, spiritual & existential management of distress.

## Management of Imminent Death and Complex Cases

19 August 2019

This one day workshop will provided an understanding of managing the concerns of imminent death and delirium, examining the issues that arise with patients & families who challenge our interpersonal skills, and will also cover ethical and legal considerations in palliative care.

## Special and At Risk Populations. Working with Other Professionals

20 August 2019

This one day workshop will examine the issues that arise in palliative care for non-malignant disease, at risk populations, people from different cultures and will address the experience of clinicians dealing with people impacted by life-threatening illness. Other topics incorporated into this day will include team dynamics, promoting self-care, staff support and supervision.

## Palliative Care in a Non-Malignant Context

2 September 2019

Incorporating aged care, neurodegenerative disorders, dementia, end stage organ failure and HIV AIDS.

## Family Centred Palliative Care and Cultural Issues

3 September 2019

Incorporating family carer issues, bereavement care and cultural considerations.

## Who Should Attend?

The programs are relevant for doctors (including general practitioners), nurses, and allied health professionals who work in a range of care settings including paediatric care, aged care, acute care, community care, palliative care and cancer care.

## Continuing Professional Development (CPD) Recognition

All short course attendees will be provided with a certificate of attendance, identifying the number of CPD hours for the course.

## Fees

One day course: \$450 + GST  
Two day course: \$900 + GST  
Fees are subject to an annual increase.

## For further information please contact

Program Coordinator

T: +61 3 9035 8843

E: [tl-palliativecare@unimelb.edu.au](mailto:tl-palliativecare@unimelb.edu.au)

## How to Apply

To register for any of these short courses, please visit the webpage at <https://commercial.unimelb.edu.au/custom-education/courses/palliativecare> and complete an online registration form.

### PAYMENT POLICY

- Payment of course fees must be made prior to the commencement of the course.
- Bookings made within 14 days of the course commencement date will be accepted only with evidence of payment. (i.e. credit card, purchase order).

### CANCELLATION

- Participants who cancel their short course enrolment more than 14 days prior to the scheduled commencement of the course will be refunded all fees less an administration charge of 20% of course fees due.
- Participants who cancel their enrolment less than 14 days prior to the scheduled commencement of the course will forfeit their full fee. However, a substitute attendee may take their place.

### DISCLAIMER

The information in this brochure was correct at the time of printing. The University reserves the right to make changes as appropriate. Changes may be made to such things as course content and presenters. Students will be advised of changes as soon as practicable.