

Fact Sheet – Case Study Presentations VPCNPC Forums

- Identify and articulate the Nurse Practitioner Candidate model that you are working within. Professional Efficacy falls under Standard 2 of the National Competency Standards for the Nurse Practitioner (Australian Nursing & Midwifery Council 2004). An integral part of this includes ensuring your nursing model of extended practice is clear.
- When selecting a case study consider the National Competency Standards for the Nurse Practitioner (Australian Nursing & Midwifery Council 2004). It is essential to ensure that the case study encompasses not only advanced clinical knowledge and skills but also clinical leadership (Gardner et al 2006).
- When gathering information for the case presentation, consider the following headings. It is important to note that these headings are a **guide only** and the emphasis placed on each varies depending on the case examined. The case study presentation will be delivered by you to your peers; therefore the discussion resulting from the case study will also be directed by you.

<u>Elements</u>	<u>Considerations</u>
Reason for Referral	Consider disease trajectory, phase of care
Assessment Location	
Patient Demographics	Age, Sex etc
History of Presenting Problems	Chronological order
Past Medical History	Relevant illnesses or previous hospitalizations
Social History	Marital Status/Occupation/Living Conditions etc Assessment of family, psychological distress
Medications	Dose/Frequency/Allergies/Reaction/Ceased etc
History - Systems Review	Shape from Presenting Problems
Physical Examination	Relevant to current admission Systems Review
Impression	
Relevant Imaging & Pathology	Justification & reasoning where relevant
Outcome & Management	Immediate/Secondary/Follow Up Consider Barriers
Teaching & Communication	Patient/family/Carers/Staff etc

(Taken from Boughey 2010)

- As part of your submission to the Australian Health Practitioner Regulation Agency (2012) when it comes time for endorsement exemplars of cases demonstrating “advanced practice, sophisticated clinical decision-making, knowledge of differential diagnosis and therapeutic management at the advanced level” are required to be submitted by each candidate. Therefore at the end of this case study within the forum it is essential to reflect on two questions –
 1. What did you do differently in your NPC role compared to your previous senior nursing role?
 2. What would you have done differently if you were an endorsed NP?

References

Australian Health Practitioner Regulation Agency 2012, *Endorsement as a Nurse Practitioner*, Nursing & Midwifery Board of Australia, Melbourne, Australia.

Australian Nursing and Midwifery Council 2004, *National Competency Standards for the Nurse Practitioner*, Australian Nursing and Midwifery Council , Canberra, Australia.

Boughey, M 2010, ‘NP Case Studies’, Presentation, Centre of Palliative Care, Melbourne, Australia.

Gardner, G, Carryer, J, Gardner, A, Dunn, S 2006, ‘Nurse Practitioner competency standards: findings from collaborative Australian and New Zealand research’, *International Journal of Nursing Studies*, vol. 43, no. 5, pp. 601-610.